

FOR IMMEDIATE RELEASE

### **naviHealth Re-Accredited by NCQA for Utilization Management**

**NASHVILLE, Tenn.—March 21, 2017—** [naviHealth](#), a Cardinal Health company, has once again achieved the [National Committee for Quality Assurance \(NCQA\)](#) accreditation for Utilization Management (UM), affirming naviHealth's commitment to improving health care delivery and providing quality care and services to patients. The NCQA seal provides health plans assurance that UM quality is continually measured with full transparency and accountability.

To renew its NCQA accreditation in UM, naviHealth underwent a rigorous audit to measure its ability to provide fair and timely utilization evaluations, facilitate collection and use of relevant clinical information, vet qualified health professionals that assess requests, and align with state requirements. These measurements were then evaluated against standards established by a consortium of physicians and managed care experts.

"Health plans are uniquely positioned to facilitate conversations with providers across the continuum and to foster a more holistic approach to managing patient care," said Clay Richards, CEO at naviHealth. "Utilization Management is critical to improving both quality and costs in a collaborative system, especially in post-acute care where there's high variance."

naviHealth draws from more than two decades of experience to help health plan customers streamline operations, maintain security and confidentiality of members, and make fair, timely, data-driven medical decisions about members.

naviHealth was first [accredited for exceptional UM by the NCQA in 2016](#). The recent re-accreditation extends the accreditation for another two years.

#### **About naviHealth**

naviHealth, a Cardinal Health company, has been managing post-acute care and care transitions on behalf of health plans and health systems for nearly two decades. Serving both the payer and provider marketplaces, naviHealth provides clinical support services, data-driven technology, and advisory solutions that enable payers and providers to better navigate care transitions, improve quality and patient experiences, and reduce costs across the continuum. For more information, visit [www.navihc.com](http://www.navihc.com) or follow on Twitter [@naviHealthPAC](#).